

MIDDLE SCHOOL BREAKFAST & LUNCH MENU


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>  </div>				
<div>6</div> <div>NO SCHOOL TODAY</div>	<div>7</div> <div>Chicken Bites or ✓ Grilled Cheese Sandwich</div>	<div>8</div> <div>Breaded Fish Sticks or ✓ Macaroni & Cheese</div>	<div>9</div> <div>Yakisoba Noodles or Chicken Potstickers or ✓ Vegetarian Healthy Snack Pack with Flatbread</div>	<div>10</div> <div>Pizza with Toppings*✓ or BBQ Roasted Chicken <i>Dessert</i></div>
<div>13</div> <div>Chicken Corn Dog or ✓ Chili & Cornbread Star</div>	<div>14</div> <div>Hamburger or Breakfast Biscuit with Egg, Ham & Cheese or ✓ Peanut Butter & Jelly Sandwich</div>	<div>Early Release 15</div> <div>Caribbean Jerk Chicken or Yogurt Parfait with Berries & GF Granola</div>	<div>16</div> <div>Super Nachos with Queso Sauce or ✓ Three Bean Burrito Bowl</div>	<div>17</div> <div>Pizza with Toppings*✓ or Pepperoni Bosco Breadsticks with Marinara Dipping Sauce <i>Baked Cookie</i></div>
<div>20</div> <div>NO SCHOOL TODAY</div>	<div>21</div> <div>Turkey Hot Dog or ✓ Chili & Cornbread Star</div>	<div>22</div> <div>Hot Ham & Cheese on Flatbread or ✓ Quesadilla</div>	<div>23</div> <div>✓ Lasagna or Chicken Noodles Soup</div>	<div>24</div> <div>Pizza with Toppings*✓ or Pepperoni Bosco Breadsticks with Marinara Dipping Sauce <i>Dessert</i></div>
<div>27</div> <div>NO SCHOOL TODAY</div>	<div>28</div> <div>Breaded Fish Sticks or ✓ Macaroni & Cheese</div>	<div>29</div> <div>Teriyaki Chicken & Rice or Egg Roll & Rice or ✓ Peanut Butter & Jelly Sandwich</div>	<div>30</div> <div>Baked Pasta Bolognese or ✓ Vegetarian Healthy Snack Pack with Flatbread or CHEF'S SPECIAL ENTRÉE</div>	<div>31</div> <div>Pizza with Toppings*✓ or BBQ Roasted Chicken <i>Baked Cookie</i></div>

BREAKFAST IS SERVED AT ALL SCHOOLS, EXCEPT: ATHEY CREEK, BOLTON AND STAFFORD

MONDAY BREAKFAST CHOICE OF	TUESDAY BREAKFAST CHOICE OF	WEDNESDAY BREAKFAST CHOICE OF	THURSDAY BREAKFAST CHOICE OF	FRIDAY BREAKFAST CHOICE OF
✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ Frudel Fruit, Juice & Milk	✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ Mini Pancakes Fruit, Juice & Milk	✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ Blueberry Muffin with String Cheese Stick Fruit, Juice & Milk	✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ French Toast Sticks Fruit, Juice & Milk	✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack Pancake Sausage on a Stick Fruit, Juice & Milk

You may qualify for free or reduced price meals. Applications are available on our website, at all schools and the Nutrition Services office.

Lunch Prices
Paid: \$3.45 Reduced: No Charge Adult: \$4
Milk without full meal: \$.50
Breakfast \$1.95

View meal account activity and make Credit card payments at:
<https://www.k12paymentcenter.com>
Checks are accepted at the school or kitchen office.

DAILY OFFERINGS

- Grab & Go entrée: Sandwiches, Yogurts, Snack Packs or Salads
- Included with all lunches are a Meat or Meat Alternate Entrée, Bread or Grain Item.
- Choices of variety of Fruits and Vegetables. 1% White and Non-fat Milk.
- Juice only offered on Monday, Wednesday & Friday. * ✓ = Cheese Pizza available
- Non-fat Chocolate Milk only offered on Tuesday & Thursday. ✓ = Vegetarian

"This institution is an equal opportunity provider"

Need Assistance?
Contact Nutrition Services at
(503) 673-7992
linstror@wlwv.k12.or.us
Visit our website!
<https://www.wlww.k12.or.us/domain/42>
Menus subject to change.